

HH-A-0008 — Family Guide

Story Topic

Keeping a clear promise helps trust feel steady; when a promise cannot be kept, tell the truth and make a new plan.

Child Concern

Exciting distractions can pull attention away from something already promised.

Caregiver Encouragement

Keep promises small, specific, safe, and realistic. Avoid public tracking or shame.

Conversation Starters

- What did Aralynn promise?
- What tried to pull her away?
- What helped her choose?
- What did “done” tell Spencer?
- What could someone say if the plan must change?

Everyday Examples

- Returning an object
- Joining a planned activity
- Helping with a small agreed task

Optional Extension

Use three large objects to recall the story steps and practice one optional, achievable promise with an adult.